



qualsafe  
registered centre  
Centre No.: 905053

## Qualsafe Level 2 Award in First Aid Essentials (RQF)



1 day  
course



Ofqual  
regulated



Certificate  
valid for 3 years



### Course Overview

The **Qualsafe Level 2 Award in First Aid Essentials (RQF)** is a regulated and nationally recognised qualification designed for those who have a specific interest or responsibility at work, or in voluntary and community activities, to provide basic first aid in emergency situations.

Successful candidates will be equipped with the skills and knowledge needed to deal with a range of first aid situations, including: CPR, choking, external bleeding, shock and minor injuries.

### What's Covered?

- ⊕ The role and responsibilities of a first aider
- ⊕ Assessing an incident
- ⊕ Managing an unresponsive casualty
- ⊕ CPR and defibrillation
- ⊕ Recovery position
- ⊕ Choking
- ⊕ Seizures
- ⊕ Shock
- ⊕ External bleeding
- ⊕ Minor injuries
  - o Cuts, grazes and bruises
  - o Minor burns and scalds
- ⊕ Accident reporting

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